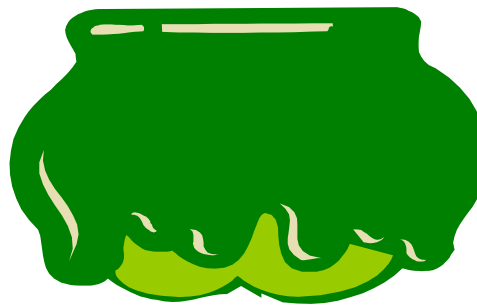


Silly Slime

Making slime from Psyllium husks

A weird slime-like substance can be made from Psyllium (sill-e-um) husks.



What You Need:

- Psyllium husks (available from health food stores)
- Food colouring
- Hot water
- Clear plastic cup
- Tea spoon

What You Do:

1. Add a few drops of food colouring to 1/2 cup of hot water.
2. Thoroughly stir in a one teaspoon of Psyllium husks and then continue to work the slime with your hands. If it's too rubbery, try adding a little more hot water. But don't add too much water.
3. When the slime flows well, try experimenting with it. Hold it up in the air and let it flow downwards from your hand. Does it flow at a constant rate or does its flow rate increase? It is stir-thickening or stir-thinning?

Mary Loveless, Science Adviser 2003

Adapted from Slime Kaos Kit, CSIRO's Double Helix Club